Cats Age Much More Rapidly Than Humans.
A cat reaches the approximate human age of 15 by his first birthday and then the approximate human age of 24 by his second birthday. Each year after, your cat ages roughly 4 “cat years” for every calendar year. So your 8-year-old cat would be 48 in human years. Annual veterinary care is crucial because a lot can happen in a “cat year.”

Cats Are Masters at Hiding Illness.
Cats are excellent at hiding signs that they are sick or in pain. Your cat could develop a health condition before you notice anything is wrong. Veterinarians are trained to spot changes or abnormalities and detect many problems before they advance or become more difficult to treat.

Your Cat May Be Overweight.
Over 50% of cats are overweight or obese. Your veterinarian will check your cat’s weight at each visit and provide nutritional and enrichment recommendations to help keep your cat at an ideal weight. Just an extra three pounds can put your cat at risk for diabetes; respiratory, heart, kidney disease, and more.

Preventive Care Is Better Than Reactive Care.
During a regular check-up you share information with your veterinarian about how your cat behaves at home. This history along with a thorough physical examination, allows you and your veterinarian to create a plan to help your cat remain healthy. Regular check-ups can help avoid medical emergencies by detecting conditions or diseases before they become significant, painful, or more costly to treat.

Kittens Have 26 Teeth, Adult Cats Have 30.
That equals a lot of dental care! Periodontal disease is considered the most common disease in cats three years of age and older. Often there aren’t any obvious signs of dental disease. Most cats with dental disease still eat without a noticeable change in appetite. Discuss your cat’s teeth at their annual check-up.

Uncover Hidden Issues.
Get to know your cat’s behavior and let your vet know about any behavior changes. Has anything changed with your cat’s eating patterns? Activity level? Make a list of information, concerns, and questions to share at your cat’s annual check-up. You may not recognize some behavior changes as being significant because they are subtle or minor, but when your veterinarian takes a thorough patient history, these subtle changes may help to uncover hidden issues.

VISIT: catfriendly.com/find-a-veterinarian to find a Cat Friendly Practice® near you.

You are an important member of your cat’s healthcare team. You can help your cat live a happy and healthy life!